



Trulife Mastectomy Bra Fitting Guide (Lightweight Collection)








How to use this Size Guide?

1. Select a cup size and follow the column down to where it intersects with the appropriate bra band size.
2. Follow this row to the right for suggested size by product to try on your patient. (See example using B34 highlighted below).

Profiles Defined

- **Shallow:** Breast tissue drapes in the lower cup of the bra, often seen on the mature woman with soft breast tissue.
- **Average:** Equal amounts of breast tissue on the top and bottom of the breast with a more round appearance in upper cup.
- **Full:** The most round appearance, requiring a form with a strong projection to fill the upper and lower part of the cup.

Key		Lightweight							
▲	Triangle	MODEL	150	151	100	101	102	490	495
●	Teardrop	NAME	Sublime	Sublime Aris	Impressions	Impressions II	Impressions II Encore	BodiCool Triangle	BodiCool Wave Triangle
♥	Heart-Shaped	SHAPE	▲	▲	▲	▲	▲	▲	▲
◻	Asymmetrical	COLOR	○	○	○	○	●	○	○
○	Light	SIZES	4-14	3-12	3-14	3-12	4-12	1-14	1-14
●	Cocoa	PAGE	8	9	11	11	11	13	13

Size Guide													
PROFILE							Shallow to Average	Average	Average to Full	Shallow to Average	Shallow to Average	Average to Full	Average to Full
CUP SIZE													
AA	A	B	C	D	DD	DDD	▼	▼	▼	▼	▼	▼	
BRA BAND SIZE (IN/CM)													

28/60												1	1
30/65	28/60											2	2
32/70	30/65	28/60						3				3	3
34/75	32/70	30/65	28/60				4	4	3	3		4	4
36/80	34/75	32/70	30/65				5	5	4	4	4	5	5
38/85	36/80	34/75	32/70	30/65			6	6	5	5	5	6	6
40/90	38/85	36/80	34/75	32/70			7	7	6	6	6	7	7
42/95	40/90	38/85	36/80	34/75	32/70		8	8	7	7	7	8	8
44/100	42/95	40/90	38/85	36/80	34/75		9	9	8	8	8	9	9
46/105	44/100	42/95	40/90	38/85	36/80	34/75	10	10	9	9	9	10	10
48/110	46/105	44/100	42/95	40/90	38/85	36/80	11	11	10	10	10	11	11
50/115	48/110	46/105	44/100	42/95	40/90	38/85	12	12	11	11	11	12	12
52/120	50/115	48/110	46/105	44/100	42/95	40/90	13		12	12	12	13	13
	52/120	50/115	48/110	46/105	44/100	42/95	14		13			14	14
		52/120	50/115	48/110	46/105	44/100			14				
			52/120	50/115	48/110	46/105							
				52/120	50/115	48/110							

496	471	473	483	477	476	475	478	481	472	482	485
BodiCool Wave Teardrop	Silk Triangle	Silk Teardrop	Silk Encore Triangle	Silk Flex	Silk Connect	Silk A Supreme	Silk Xtend	Silk Ultima Triangle	Silk Triangle Plus	Silk Xtend Plus	Silk Curve
											
											
1-14	1-17	1-14	1-17	1-14	1-10	1-14 L/R	1-14 L/R	1-14	1-17	1-14 L/R	4-12
13	14	15	15	15	15	16	16	16	16	17	17
											
Shallow to Average	Shallow to Average	Shallow to Average	Shallow to Average	Average to Full	Shallow to Average	Shallow to Average	Average to Full	Full	Average to Full	Full	Shallow
											

1	1	1	1	1	1	1	1	1	1		
2	2	2	2	2	2	2	2	2	2	1	
3	3	3	3	3	3	3	3	3	3	2	
4	4	4	4	4	4	4	4	4	4	3	
5	5	5	5	5	5	5	5	5	5	4	4
6	6	6	6	6	6	6	6	6	6	5	5
7	7	7	7	7	7	7	7	7	7	6	6
8	8	8	8	8	8	8	8	8	8	7	7
9	9	9	9	9	9	9	9	9	9	8	8
10	10	10	10	10	10	10	10	10	10	9	9
11	11	11	11	11		11	11	11	11	10	10
12	12	12	12	12		12	12	12	12	11	11
13	13	13	13	13		13	13	13	13	12	12
14	14	14	14	14		14	14	14	14	13	
	15		15						15	14	
	16		16						16		
	17		17						17		