

Ensure® Max Protein

Nutrition Shake

- ENSURE MAX PROTEIN is a high-protein, low-fat nutrition shake with 1 g of sugar for people who need extra protein.
- Excellent source of protein (30 g/11 fl oz).
- Café Mocha includes 100 mg of caffeine (as much as a cup of coffee).
- Gluten-free.
- Kosher.
- Halal (excluding Mixed Berry).
- Suitable for lactose intolerance.

Safety Precautions

- Not for people with galactosemia.



Ingredients

Liquid Milk Chocolate:

Water, Milk Protein Concentrate, Calcium Caseinate, Cocoa Powder (Processed with Alkali). Less than 0.5% of: Vitamins & Minerals (Magnesium Phosphate, Sodium Ascorbate, Potassium Phosphate, Sodium Phosphate, Potassium Hydroxide, Choline Chloride, Ferrous Sulfate, dl-Alpha-Tocopheryl Acetate, Niacinamide, Zinc Sulfate, Calcium Pantothenate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Manganese Sulfate, Vitamin A Palmitate, Copper Sulfate, Folic acid, Potassium Iodide, Phylloquinone, Sodium Selenate, Vitamin D3, Sodium Molybdate, Biotin, Vitamin B12), Natural & Artificial Flavor, Inulin, Soluble Corn Fiber, Sunflower Oil, Salt, Cellulose Gel, Acesulfame Potassium, Cellulose Gum, Carrageenan, and Sucralose.

Allergens: Contains milk ingredients.

Availability

List Number	Item
66893	Ensure Max Protein Shake Cafe Mocha / 11 fl oz (330 mL) Recloseable Carton / 3 x 4 ct
66899	Ensure Max Protein Shake Milk Chocolate / 11 fl oz (330 mL) Recloseable Carton / 3 x 4 ct
67165	Ensure Max Protein Shake French Vanilla / 11 fl oz (330 mL) Recloseable Carton / 3 x 4 ct
67281	Ensure Max Protein Shake Mixed Berry / 11 fl oz (330 mL) Recloseable Carton / 3 x 4 ct

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Nutrition Information - Liquid Milk Chocolate

	11 fl oz (330 mL)	
	Value	%RDI / %DV*
Calories	150	
Total Fat, g	1.5	2
Saturated Fat, g	0.5	3
Trans Fat, g	0	
Cholesterol, mg	20	7
Sodium, mg	240	10
Total Carbohydrate, g	6	2
Dietary Fiber, g	2	7
Total Sugars, g	1	
Added Sugars, g	0	0
Protein, g	30	60
Vitamin D, mcg	14	70
Calcium, mg	650	50
Iron, mg	4.5	25
Potassium, mg	420	10
Vitamin A		30
Vitamin C		50
Vitamin E		25
Vitamin K		25
Thiamin		25
Riboflavin		25
Niacin		50
Vitamin B6		25
Folate		25
Folic Acid, mcg	60	
Vitamin B12		25
Biotin		25
Pantothenic Acid		25
Phosphorus		40
Iodine		25
Magnesium		25
Zinc		25
Selenium		25
Copper		25
Manganese		25
Chromium		25
Molybdenum		25
Chloride		10
Choline		15

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Liquid Milk Chocolate Footnotes & References

Per 11 fl oz (330 mL)

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.