Two-Piece Pouching System



Collect Supplies



Gather pouch, skin barrier, disposal bag, tissue and/ or cloth for cleaning, and water. Optional: scissors, pen, measuring card, and/or accessories.

Prepare the Skin Barrier and Pouch



1 Measure the stoma using a stoma measuring guide before every barrier application (if using a pre-sized barrier opening, go to step 4).



2 Trace the determined barrier size opening onto the skin barrier. The skin barrier should fit where the skin and stoma meet. Verify that no skin is showing between the skin barrier and the stoma to help prevent leakage and skin irritation.



3 Using small curved scissors, carefully cut an opening in the skin barrier to match the pattern. Do not cut beyond the line on the release liner.

Remove Used Pouching System



6 Carefully lift an edge of the adhesive and peel downward, gently pushing the skin away from the skin barrier. Properly dispose of used pouch and skin barrier. Do not flush down toilet.



4 Remove the release liner from the skin barrier. Set aside with adhesive facing up.



5 Close bottom of pouch.
If using a drainable pouch,
close the **Lock 'n Roll**microseal closure at the
bottom of the pouch or apply
a pouch clamp. Refer to
the *Lock 'n Roll Microseal*Closure Care Tip for more
information on how to use
this closure system.



If using a urostomy pouch, make sure the drain valve is closed. The teardrop on the drain valve should face the body side of the pouch.

If desired, apply the cap provided in the box.

Clean and Dry Skin



7 Clean the skin with water or with gentle soap as recommended by your healthcare professional. Rinse and dry thoroughly. Do not use oils, powder, lotion, or lotion-type soaps on the skin.

Apply the New Pouching System



8 Center the skin barrier opening over the stoma in a diamond shape.

For tape bordered barriers, remove the backing paper on both sides and press adhesive against the skin.



9 Apply gentle pressure to the skin barrier for about a minute for best adhesion.



10 Attach the pouch to the skin barrier by engaging the lower edges of the pouch flange and the skin barrier flange.

Press the two flanges together. A series of "clicks" will confirm you are doing it correctly. No more "clicks" means the pouch is secured.

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Tips	List of Products	Stock No
 If using a barrier ring or paste, apply it to the sticky side of the skin barrier next to the stoma opening as directed 	Two-Piece Pouching System Skin barrier Pouch	
 The skin around your stoma should not show any signs of rash or sores 	Accessories	
 Irritated skin should be evaluated by a healthcare professional 	Barrier rings Ostomy belt Paste	
 Your stoma will probably be swollen after surgery. It may take several weeks or months for the stoma to shrink to its permanent size 	Lubricating deodorant Stoma powder	
The stoma may bleed slightly when you clean it	Other	
 The use of skin protective wipes are not recommended under extended wear skin barriers as they may decrease wear time 		
Additional Instructions		

For product questions, sampling needs, or detailed clinical questions concerning our products in the US, call **1.888.740.8999**. In Canada call **1.800.263.7400**.

Routine follow-up with your healthcare professional is recommended.

Prior to using any ostomy products/accessories be sure to read all product inserts and labels for any indications, contraindications, hazards, warnings, cautions and directions for use.



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